





TWO-DAY NATIONAL CONFERENCE (HYBRID MODE) 20-21 September, 2025

# NatCon'25: Seasons of Life

# **Reconstructing Ageism and**

## Youthism for a More

## **Inclusive Society**

Aiming at Social and Human Development

#### Being Organized by

Department of Sociology & School of Social Science and Interdisciplinary Studies (SSSIS) Rajiv Gandhi National University of Law, Punjab, Patiala

#### In Collaboration with

Indian Sociological Society's Research Committee(RC) 25 on 'Sociology of Sports' Paavan Chhaaya Public Charitable Trust Law Teachers India.









## ABOUT RGNUL

The Rajiv Gandhi National University of Law (RGNUL), Punjab, was established by the State Legislature of Punjab by passing the Rajiv Gandhi National University of Law, Punjab Act, 2006 (Punjab Act No. 12 of 2006). The Act incorporated a University of Law of national stature in Punjab, to fulfill the need for a Centre of Excellence in legal education in the modern era of globalization and liberalization. The University was accredited with 'A' Grade by National Assessment and Accreditation Council (NAAC) in 2015. RGNUL, Punjab was granted autonomy under UGC Regulations, Clause 5 Dimensions of Autonomy for Category-II Universities in April 2018.The Ministry of Human Resource Development, Government of India, ranked RGNUL the first amongst the cleanest Higher Educational Institutions, Swachh Campus (2019) in the category of Government Residential Universities.The major Objective of the RGNUL, Punjab states, "Our endeavour is to serve the society through reforms in legal services by way of preparing professionally competent lawyers, inquisitive researchers, able administrators, conscientious judicial officers, and above all, socially responsible citizens, who shall be wholeheartedly and continuously engaged in the process of nation building."

The University has set up eighteen centres of research. These include, Centre for Advanced Study in Criminal Law (CASCL); Centre for Consumer Centre for Advanced Study in International Humanitarian Law (CASH); Protection Law and Advocacy (CCPLA); Centre for Advaced Studies in Human Rights (CASIHR): Centre for Advanced Studies in Labour Welfare (CASLW), Centre for Environmental Legal Studies (CELS), Centre for Advanced Studies in Energy Laws (CASEL),Centre for Alternative Dispute Resolution (CADR). Centre for Constitutional Law and Governance (CCLG), Centre for Criminology, Criminal Justice and Victimology (CCV), Centre for Innovation and Intellectual Property Rights (CIIPR) and Centre for Business Laws and Taxation (CBLT). School of Agricultural Law and Economics (SALE); Centre for Advanced Studies in Cyber law and Artificial Intelligence (CASCA); School of Social Sciences and Interdisciplinary Studies (SSSIS); RGNUL Institute for Competitive Examination (RICE) and Directorate of Distance Education (DODE) have also been established. The objective of these Centres is to undertake advanced study and research in the emerging areas of the respective fields, independently or in collaboration with professional institutions at the national or international levels; to bring about publications and produce study material in the respective fields of knowledge; organize seminars, workshops and conferences on contemporary and significant issues. IGNOU School of Law is also functional at RGNUL.

The University has instituted a Legal Aid Clinic under the aegis of Punjab Legal Services Authority. The RGNUL Legal Aid Clinic, established in 2011, has a Strong Paralegal Volunteer Force of 110 members consisting of Advocates, Faculty members and students in general.

RGNUL, Punjab is member of a number of professional organizations of national and international stature like the Asian Law (ASLI): Association Institute of **Commonwealth Universities; Association of** Indian Universities: Commonwealth Legal Education Association (ASIA); Consumer Guidance Society of India; DELNET (Development Library Network); Forum of South Asian Clinical Law Teachers; IASLIC (Indian association of Special Library and Information Centre); Indian Association of Social Science Institution; Indian Academy of Social Sciences (ISSA); Indian Commerce Association: Indian Economic Association: Indian Institute of Comparative Law; Indian Institute of Public Administration (IIPA); Indian Law Institute(ILI); Indian Society of Indian Criminology; Society of International Law (ISIL); International Association of Law Schools and Shastri Indo-Canadian Institute (SICI).

### ABOUT DEPARTMENT OF SOCIOLOGY

The Department of Sociology at RGNUL, Punjab was established in 2013. The subject of Sociology has been taught in the institution from the year 2006. Presently, the department runs six (6) papers of Sociology Major (from first to sixth semester) and three (3) papers of Sociology Minor (for first, second and fourth semester) for all the batches. The department has been organizing various events of national as well as international level. Many seminars, conferences and training programmes have been organized by the faculty of the department from time to time. Series of lecture are also organized by inviting professionals from various fields of social sciences. The Objective of the department is overall development of the students inclusive of academic growth and psychological health. Various sessions of counselling are held by the faculty of the department to address social issues affecting the students in order to empower them socially to deal with the challenging social situations efficaciously. The department of Sociology is committed to undertake academics and research in order to produce functional results for the society and various communities.

## ABOUT

#### The School of Social Science & Interdisciplinary Studies (SSSIS)

The School of Social Science and Interdisciplinary Studies (SSSIS) has been established at the Rajiv Gandhi National University of Law (RGNUL), Punjab, in consonance with the university's objectives. SSSIS aims to foster the social aspect of all learning and promotes the idea of inter-disciplinary studies and research. It plans to develop a degree on social sciences. Dr. Jasleen Kewlani, Assistant Professor of Sociology, serves as the co-ordinator of the SSSIS. The School's aims and objectives include promoting interdisciplinary studies and research within and outside the university, designing new curriculum and degrees of academic and social relevance, promoting innovative teaching methods, encouraging a holistic intellectual approach to address social problems, and achieving excellence in integrated studies and higher-level research.

## ABOUT INDIAN SOCIOLOGICAL SOCIETY (ISS)-RC 25 'SOCIOLOGY OF SPORTS'

The Indian Sociological Society (ISS) is a leading academic organization in India, dedicated to promoting the scientific study of society and advancing the discipline of sociology. Established in 1951 by eminent sociologists such as Professor G.S. Ghurye, the ISS was created to provide a national forum for scholars to understand and address the complexities of Indian society, especially in the post-independence period. The Society aims to encourage sociological research, teaching, and dialogue on pressing social issues. It organizes annual conferences, seminars, and regional workshops where sociologists present papers on a wide range of topics, including caste, gender, urbanization, education, and development. These events serve as platforms for academic exchange between senior scholars and young researchers. A major contribution of the ISS is its commitment to academic publishing. It publishes two important journals: the Sociological Bulletin, a peer-reviewed English journal that includes research articles and theoretical papers, and the Bhartiya Samajshastra Sameeksha, a Hindi-language journal that promotes sociological work in regional languages. These journals have enriched sociological literature in India and made the discipline more accessible. The ISS has played a significant role in promoting indigenous sociological perspectives, moving beyond Western models to address uniquely Indian social structures like caste, kinship, and village life. It has also contributed to policy debates on education, social justice, and rural development by offering research-based insights. In summary, the Indian Sociological Society is a cornerstone of sociological research and teaching in India. By fostering academic collaboration, encouraging the use of Indian languages, and focusing on local realities, it continues to shape the field of sociology and contributes to a deeper understanding of Indian society. Presently Professor (Dr.) Maitrayee Chaudhuri is the President of the ISS.

The Research Committee (RC) 25- Sociology of Sports, being led by a dynamic and world renowned sociologist Professor (Dr.) Sanjay Tewari, focuses on studying the relationship between sociology and sports, including various socio-cultural structures, patterns and organisations or groups involved with sports. RC 25 also explores how sports are shaped by and in turn shapes social structures, cultural norms and individual identitites. Research Committee 25 is one of the largest committees of the Indian Sociological Society showcasing spectacular academic and professional performance.

### ABOUT PAAVAN CHHAAYA PUBLIC CHARITABLE TRUST

Paavan Chhaaya Public Charitable Trust, located in Bahadurgarh, Haryana, in the Jhajjar district, stands as a compassionate model for reimagining aging and dismantling ageist norms in our society. Established on the ancestral land of Mr. Ravinder Kumar, whose generous donation laid the foundation for the initiative, the trust provides a nurturing and dignified home for 15–20 elderly residents. In a world increasingly driven by youth-centric ideals, Paavan Chhaaya serves as a powerful reminder that aging is not a decline, but a continuation of life's journey rich with wisdom, memory, and value. It promotes intergenerational harmony and human dignity by offering a space where the elderly are respected, heard, and cared for. As part of the global discourse on "Seasons of Life," the Trust embodies the core idea of reconstructing both ageism and youthism to build a more inclusive, empathetic society. Through its community-centered approach and focus on human development, Paavan Chhaaya challenges the marginalization of the elderly and invites us to rethink the roles they play in shaping culture, knowledge, and identity. This initiative underscores that true societal progress can only be achieved when all life stages are valued equally and inclusively.

## ABOUT LAW TEACHERS INDIA

Law Teachers India, being led by a popular public figure Advocate Dr. Kalpesh Gupta, is a dedicated platform aimed at fostering academic and professional growth among legal educators across the country. It serves as a networking and resource-sharing hub for law teachers, offering a wide range of features such as a faculty directory, job and research opportunities, knowledge repositories, and updates on academic events like seminars and workshops. The platform encourages collaboration among legal academics and promotes excellence in legal education by providing a space for the exchange of ideas, teaching methods, and scholarly work. By bringing together educators from diverse institutions, Law Teachers India plays a crucial role in strengthening the legal academic community and contributing to the development of legal education in India.

## **ABOUT THE THEME OF THE CONFERENCE**

After the stellar success of NatCon'24 on Youth and the subsequent publication of three edited books comprising of manuscripts selected after rigorous peer review and editorial process, Department of Sociology, RGNUL, Punjab is back in action on NatCon'25 on 'Seasons of Life'.

The theme for NatCon'25 is 'Seasons of Life': Reconstructing Ageism and Youthism for a More Inclusive Society, Aiming at Social and Human Development. This conference seeks to critically examine the pervasive and often intertwined phenomena of ageism and youthism. Ageism, discrimination based on age, affects individuals across the life spectrum, while youthism, the privileging of youthfulness, creates distinct societal pressures and exclusions. The theme invites scholars to dissect the ideologies underpinning these biases, exploring how they manifest in social, legal, economic, and cultural spheres. The conference aims to move beyond identifying these issues to proposing pathways for "reconstruction" – building a society that values all ages and stages of life equally. By employing a critical lens, participants will power structures, historical contexts, and intersecting analyze identities (like gender, race, class) that shape experiences of age-based discrimination. The goal is to stimulate robust discussion and contribute to developing frameworks for a genuinely inclusive society where the diverse "Seasons of Life" are celebrated and accorded dignity and respect.

## **Empowerment:**

- Silver Empowerment, 'Active ageing' by WHO, COVID and Old Age
- Loneliness and Suicide Risk
- Exclusion of Older People in Policy-Making
- Role of Neighbourhoods (emphasis on Asian cultures)
- Effect on Informal Caregiver (daughter, daughter-in-law and son, wife)
- Enhanced Care-Centric Policies, Representation in Education, Curricula, School Environments, and Lifelong Learning Opportunities
- Activism, Advocacy, and Resistance Against Age-Based Discrimination
- Increasing crime againt elderly: murders, dacoity, trespassing and violence

## Economic Discrimination and Disparity

- Unstable Jobs
- Unpaid Internships
- Economic Barriers for Young Adults
- Forced Retirements, Low Employment Prospects
- Lack of Upskilling Opportunities
- Low/Inadequate Pension
- Fluctuations in the Economy
- Intergenerational Equity

## Gender and Sexuality

- Older Women at Greater Risk of Poverty and Exclusion
- Gender-Based Violence and Underreporting (especially in Rural Setups)
- Treatment of Transgender Old Women by their Communities
- Loopholes in Policy regarding Transgender Older Women, Old People And Sexuality
- References by Sexology related to Elderly people's mindset
- Sexual disorders in the elderly
- Sexual rights of the elderly
- Older Women in Brothels
- Intersecting Identities of Ageism/Youthism
- Gender
- Race
- Class
- Disability

# Social and Cultural Rights

- Technological Gap and Digital Divide
- Social Media Online Communities, and Digital Policies
- Harassment in household, disability-friendly policies/spaces
- Age-based discrimination intersects with other forms of marginalization, such as racism, ableism, and socioeconomic status
- Theoretical Frameworks of differentiating Ageism and Youthism
- Media, Culture, and Representation of Age
- Health
- Media Portrayals shaping Attitudes Toward Age
- Critically evaluating news, film, and advertising images of youth and old age
- Impact on public perceptions
- Well-being across the Lifespan
- Historical Contexts of Ageing and Youth
- Psychological Impacts of Ageism and Youthism
- Philosophical and Ethical Considerations of Age-Based Bias

## Accessibility to Urban Lifestyles : Possible Vulnerabilities

- Migration policies only focusing on influx of younger people
- Separation of older people from families in conflict zones
- Migrated older people in big cities and their plight
- Forced labour in working children
- Urbanisation and globalisation
- Poor Social Networking and Community life
- Pressure of urban ways of life in case of transfer/migration from Rural areas
- Separation from family, children, and grandchildren
- More people Migrating older people are left in Rural setup (for example: Punjab)
- Migration due to Climate Change and leaving behind Ancestral lands
- Urban development policies, ramps and walkways, pedestrian and elderly crossings
- Domestic Violence of the elderly
- Physical, emotional and mental abuse of white haired members of households
- Forced labour's
- Disgraceful living conditions

## **Political Representation**

- Critiquing the exclusion of youth from meaningful participation in political processes, and the tendency to tokenize youth perspectives rather than integrate them authentically
- Assessing barriers to political engagement and leadership for both younger and older populations, and strategies to enhance their voices in governance
- Global Perspectives on Age and Discrimination
- Building Intergenerational Solidarity and Inclusive Communities
- Legal and Policy Dimensions of Age Discrimination
- Role of Middle Generations: Bridging or Perpetuating Divides
- Investigating how adults in the "middle generation" mediate or reinforce ageist attitudes between youth and elders
- The Role of Law and Human Rights in Combating Ageism and Youthism
- Ageism and Youthism in Education and Learning
- Technology, Digital Divides, and Age
- Activism, Advocacy, and Resistance Against Age-Based Discrimination
- The Role of Law and Human Rights in Combating Ageism and Youthism
- Global Perspectives on Age and Discrimination
- Philosophical and Ethical Considerations of Age-Based Bias
- Building Intergenerational Solidarity and Inclusive Communities
- Historical Contexts of Ageing and Youth
- The Language of Age: Discourse and Power, approach-based, voter participation

## Role of Sports in Elderly Care

- Analysis of Role of Cinema in Elderly and their survival
- Accessibility to Sports related Guidance
- Indoor games in old age homes
- Mental health and sports
- Physical well-being
- Media portrayals of old persons in Sports

# **Right to Privacy**

- Disregard for privacy of older persons
- Wide-ranging duties in the household

# Elderly and Companionship

- Trending remarriage and class factors
- Crime and remarriage Honour Killings
- Need of companionship in Household v. Old age Homes
- The Traditional and Customary Strictures on Remarriage of Elderly people
- Taboo of Remarriage among older persons
- Lack of support from Children
- Companionship

### CALL FOR PAPERS AND SUBMISSION GUIDELINES

Original, unpublished research papers, conceptual articles, and case studies relevant to the conference theme and sub-themes are invited.

#### Abstract Submission: LAST DATE- 15TH JULY, 2025

 Interested participants are required to submit an abstract of not more than 300 words, along with 3-5 keywords. The abstract should clearly state the research question, methodology, main arguments, and potential contribution to the conference theme. Abstracts must be accompanied by a cover page including the title of the paper, name(s) of the author(s), affiliation(s), email address(es), and contact number(s).

#### Full Paper Submission: LAST DATE- 30TH JULY. 2025

• Upon acceptance of the abstract, authors will be invited to submit their full papers. Full papers should ideally be between 5,000 and 8,000 words, including footnotes and references. Papers must follow a consistent citation style APA format. Formatting guidelines; Font- Times New Roman, Spacing-1.5 for body and 0.5 for footnotes, Font size; 12-body, 14- Title and 10-Footnotes

#### **Submission Process:**

• Abstracts aligned and attached with the full paper/s is required to be submitted electronically to a designated email address given below: rgnulnatcon2025@rgnul.ac.in

Submissions must adhere to the specified deadlines.

#### **Review Process:**

• All submissions will undergo a very stringent and rigorous editorial process by a panel of experts. Acceptance of abstracts and full papers will be based on relevance, originality, rigor, and contribution to the conference theme.

Kindly Note: Any manuscript depicting a similarity/plagiarism index higher than 10 percent (as per UGC Guidelines) shall stand rejected and shall not be entitled to be put in the editorial process.

# **REGISTRATION DETAILS**

#### The registration fee for the conference is:

- The Registration Fee for online presentation (includes only presentation in virtual academic business session and certificate through email) is INR 590/-(per participant, inclusive of 18% GST) for all participants, including paper presenters, delegates and attendees.
- The Registration Fee or Offline presentation (includes welcome for the in-person presence on the campus; Conference Kit; High Tea and interaction with the Dignitaries, Formal Lunch, Valedictory Tea after Valedictory Session, Group photo, which shall be sent to all participants through email; participation in 'The Best Paper Presentation Contest' which shall be based on each session separately) is INR 1180/- (per participant, inclusive of 18% GST).
- The Registration Fee for the students/research scholars of RGNUL, Punjab is INR 300/- (per participant) irrespective of online or offline presenters. This shall cover all the privileges being given to offline presenters.

#### KINDLY NOTE:

- 1. The award for the BEST PAPER PRESENTATION shall be awarded ONLY for/on the basis of the OFFILINE PRESENTATIONS; irrespective of participants being RGNUL's student/ scholar or otherwise.
- 2. All the correspondence related to the NatCon 25- 'Seasons of Life', has to be addressed to the given official email Id ONLY: <u>rgnulnatcon2025@rgnul.ac.in</u>
- 3. The first book carrying the selected manuscripsts shall be published and released on the Inaugral Session of NatCon25- Seasons of Life

### **IMPORTANT DATES**

Last Date for Abstract Submission: 15th July, 2025

Notification of Abstract Acceptance: Rolling Basis (within 24 hours of submission of the Abstracts)

Last Date for Full Paper Submission: 30th July, 2025

Kindly Note: Last Date for Registration and Payment: 20th July, 2025

Registration Link: <u>https://lsacademia.in/lsa\_rgnul/eventPortal/loginFrom.jsp</u> (Kindly select: Natcon'25-Seasons of Life)

Official Email ID: <a href="mailto:rgnulnatcon2025@rgnul.ac.in">rgnulnatcon2025@rgnul.ac.in</a>

# **Patron-in-Chief**

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Vice-Chancellor | RGNUL, Punjab

# **Patron**

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